

Parent to Parent, established in 1988, is a voluntary organisation providing support and advocacy to parents of children with additional support needs.

These can be due to a variety of reasons, but all must be linked to a medical condition which can affect the physical, cognitive, sensory, or behavioural development of children & young people. It also supports parents of children who are seriously or terminally ill and/or parents who have suffered a bereavement of their child. Offering a Whole Family support to families who live in Angus, Dundee or Perth & Kinross

We look:

* To offer emotional support and information
* To support parents to overcome their feelings of loneliness and isolation
* To reduce anxiety by reinstating hope and increasing their confidence

Parent to Parent provides support to families and young people for as long as we are working together to achieve identified outcomes.

**Criteria**

**Whole Family Support Work**

We can support parents of a child pre-birth; babies whilst in NICU; children and young people up to eighteen (if still on a school roll). All children and Young people require to meet at least one of the following criteria.

* A referral made to CAMHS, Paediatrician or Therapist
* Medical condition
* Diagnosis of Additional Support Need
* Indicators of Additional Support Need
	+ Communication difficulties
	+ Neurodevelopmental or neuro-diverse difficulties that are impacting on learning and development
	+ This list is not exhaustive: please free feel to contact us to discuss any individual cases.

We cannot support:

* Temporarily we cannot support any referrals for families that are currently being assessed by a CAMHS worker for ASD
* Parents of children with challenging behaviour or trauma, not linked to a medical Additional Support Need
* Parents with learning difficulties/depression whose child does not have any of the qualifying criteria
* Parents of a child with no Additional Support Need and none of the above
* Parents of children with social, emotional and behavioural difficulties linked to parents' lifestyle choices



*For more information on what we do, what our referral criteria is or to make a referral – please scan the QR code or click on link to our website*

[*https://parent-to-parent.org/*](https://parent-to-parent.org/)