

Contact us

Parent to Parent
Ardler Clinic
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advice
support
information
confidential



What is Parent to Parent?

Parent to Parent is a voluntary organisation which supports parents of children with additional needs, whether physical, learning, emotional, medical or behavioural. It also supports parents of children who are seriously or terminally ill or parents who have suffered a bereavement of a child.

This support is provided throughout Tayside.

Who will help me?

You may be put in touch with one of our Support & Advocacy Workers who has experience of a similar situation.

Where will we meet?

You can meet in your own home, a place of your choosing or may be directed to one of the groups.



I have to attend school/medical reviews and clinic appointments, can you help?

Yes, a Support & Advocacy Worker can help you prepare for the meeting, go with you and if necessary speak for you.

Can you advise me about my child's behaviour?

Our Support & Advocacy Workers can help you to put strategies in place and run a parenting programme which is adapted to meet the needs of your child and is delivered in your home.

Quotes from parents

"Without Parent to Parent I don't think I would have got through my difficulties with my son"

"She was very helpful. She sat and listened to what I said. She went to meetings with me and even spoke for me"

"At times just being at my side with her words of support were enough"